

# **BC Open Workshops**

## **Sunday, April 7th, 2019**

*Pacific Academy Gym Complex  
10238 – 168<sup>th</sup> St, Surrey BC V4N 1Z4*

### **Instructors**

Allison Munro, Scotland,  
Maureen Ffye, Australia  
Sheryl Joyner, Toronto

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### **Primary & Pre-Premier Dancers**

*Primary Dancers 9:00 – 10:30 ~ \$10*

*Pre-Premier Dancers ~ \$25*

### **Premier Dancers, Teachers & Judges**

#### **BCHDA Members**

*Morning Session (9:00 – 12:30) ~ \$25.00*

*All Day ~ \$30.00*

#### **Non Members**

*Morning sessions (9:00 – 12:30) ~ \$35.00*

*All Day ~ \$40.00*

*Single sessions (dancers, teachers, judges) \$20.00*

### **Lunch**

*Subway Sandwich, drink and fruit \$7.00*

**WORKSHOP**

APRIL 7TH, 2019

CHANDOS-PATTISON COMPLEX, SURREY, BC

| <b>TIME</b>   | <b>STATION A</b>                                                                                                                           | <b>STATION B</b>                                                                                                       | <b>STATION C</b>                                                                                                 | <b>STATION D</b>                                                                                                  |                                                                                    |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| 9:00 AM       | <b>WARM-UPS</b><br>All dancers 11 & Under<br>PRE-PREMIER & PREMIER                                                                         | <b>WARM-UPS</b><br>All dancers 15 & Under<br>PRE-PREMIER & PREMIER                                                     | <b>WARM-UPS</b><br>Anyone 16 & Over                                                                              | <b>PRIMARY DANCERS</b><br>Basic Movements plus<br>HIGHLAND FLING                                                  |                                                                                    |
| 9:30 - 10:30  | <b>PREMIER 13 &amp; UNDER &amp; INTERMEDIATES</b><br>Primarily based on previous days judging observations<br><b>BASIC MOVEMENTS</b>       | <b>PREMIER 14 &amp; OVER</b><br>Primarily based on previous days judging observations<br><b>BASIC MOVEMENTS</b>        | <b>BEGINNER &amp; NOVICE</b><br>Especially for Beginner & Novice Dancers<br><b>HIGHLAND</b>                      | <b>PRIMARY DANCEFRS</b><br>Pas de basque, highcuts plus the Sword and some fun!<br><b>HIGHLAND</b>                | <b>NON-CHAMPIONSHIP PREMIERS</b><br>ALL Highland Dances<br><b>HIGHLAND</b>         |
| 10:30 - 11:30 | <b>2019 CHAMPIONSHIP STEPS</b><br><br>FLING & SWORD<br><br><b>PREMIERS 11 &amp; UNDER &amp; INTERMEDIATES</b>                              | <b>2019 CHAMPIONSHIP STEPS</b><br><br>FLING & SWORD<br><br><b>PREMIERS 15 &amp; UNDER</b>                              | <b>2019 CHAMPIONSHIP STEPS</b><br><br>FLING & SWORD<br><br><b>PREMIERS 16 &amp; OVER</b>                         | <b>PRE-PREMIER HIGHLAND</b><br><br>REEL & NATIONAL DANCES i.e. LILT, FLORA ETC.<br><b>BEGINNER &amp; NOVICE</b>   | <b>NON-CHAMPIONSHIP PREMIERS</b><br>ALL NATIONAL DANCES<br><b>PREMIERS ANY AGE</b> |
| 11:30 - 12:30 | <b>2019 CHAMPIONSHIP STEPS</b><br><br>SEANN TRIUBHAS<br>STRATHSPEY & 1/2 TULLOCH<br><br><b>PREMIERS 11 &amp; UNDER &amp; INTERMEDIATES</b> | <b>2019 CHAMPIONSHIP STEPS</b><br><br>SEANN TRIUBHAS<br>STRATHSPEY & 1/2 TULLOCH<br><br><b>PREMIERS 15 &amp; UNDER</b> | <b>CHAMPIONSHIP STEPS</b><br><br>SEANN TRIUBHAS<br>STRATHSPEY & 1/2 TULLOCH<br><br><b>PREMIERS 16 &amp; OVER</b> | <b>CHOREOGRAPHY FOR PRE-PREMIER DANCERS</b><br>Have fun and learn something new<br><br><b>PRE-PREMIER ANY AGE</b> | <b>NON-CHAMPIONSHIP PREMIER</b><br>JIG & HORNSPIPE<br><br><b>PREMIERS ANY AGE</b>  |
| 12:30         | LUNCH                                                                                                                                      | ( SEE REGISTRATION FORM)                                                                                               |                                                                                                                  |                                                                                                                   |                                                                                    |
| 1:00 - 2:30   | <b>PREMIERSHIP NATIONALS</b><br>LILT, BLUE BONNETS, JOHNNY & HORNSPIPE<br><b>PREMIER 11 &amp; UNDER</b>                                    | <b>PREMIERSHIP NATIONALS</b><br>LILT, BLUE BONNETS, JOHNNY & HORNSPIPE<br><b>PREMIER 12 &amp; Over</b>                 | <b>Q &amp; A</b><br>SPECIFICALLY FOR TEACHERS & JUDGES<br><b>ADULTS</b>                                          | <b>MOM' AND DADS</b><br>Answers to any Highland dance related questions<br><b>HIGHLAND DANCING</b>                | <b>CAKEWALK &amp; BROADSWORDS</b><br><br><b>ALL DANCERS</b>                        |
| 2:30 - 3:30   | <b>ORIGINAL CHOREOGRAPHY</b><br><br>ALL PREMIERS 11 & UNDER                                                                                | <b>ORIGINAL CHOREOGRAPHY</b><br><br>ALL PREMIERS 12 & OVER                                                             |                                                                                                                  | <b>MOMS &amp; DADS</b><br>Rules and tips on outfitting your dancer                                                |                                                                                    |