

Jump Over to Vancouver
BC Open Workshops
Sunday, April 8th, 2018

Pacific Academy Gym Complex
10238 – 168th St, Surrey BC V4N 1Z4

Instructors	Lesley Bowman	Dundee, Scotland
	Elizabeth Gollan	Edinburgh, Scotland
	Sandra Bald Jones	Hamilton, Ontario

Primary & Pre-Premier Dancers

Primary Dancers
One hour workshop 9:30 – 10:30 ~ \$10

Pre-Premier Dancers
4 hours of Workshops ~ \$25

Premier Dancers, Teachers & Judges

BCHDA Members

Single Session (1 hour) ~ \$15.00
Morning Session (9:00 – 12:30) ~ \$25.00
All Day ~ \$30.00

Non Members

Single Session (1 hour) ~ \$20.00
Morning sessions (9:00 – 12:30) ~ \$35.00
All Day ~ \$40.00

Lunch

Pizza, drink and an apple \$5.00

WORKSHOP SCHEDULE CHANDOS-PATTISON COMPLEX APRIL 8TH 2018

TIME	STATION A	STATION B	STATION C
9:00 AM	WARM-UP All dancers 13 & Under Lesley Bowman	WARM-UP All dancers 14 & over Elizabeth Gollan	
9:30 - 10:30	BASIC MOVEMENTS WORKOUT BASED ON PREVIOUS DAYS JUDGING OBSERVATIONS PREMIER 13 & UNDER LESLEY BOWMAN	BASIC MOVEMENTS WORKOUT BASED ON PREVIOUS DAYS JUDGING OBSERVATIONS PREMIER 14 & OVER ELIZABETH GOLLAN	PRIMARY DANCERS BASIC MOVEMENTS PLUS PAS DE BASQUE PAS DE BASQUE & HICUTS FLING & SWORD SANDRA BALD JONES
10:30 - 12:30	2018 CHAMPIONSHIP STEP FLING, SWORD, SEANN TRIUBHAS & REEL PREMIERS 13 & UNDER ELIZABETH GOLLAN	2018 CHAMPIONSHIP STEP FLING, SWORD SEANN TRIUBHAS & REEL PREMIERS 14 & OVER LESLEY BOWMAN	PRE-PREMIER **ALL AGES FLING, SWORD, SEANN TRIUBHAS & REEL SANDRA BALD JONES ** Classes will be split if entries warrant.
12:30	LUNCH		
1:15 – 2:30	REALLY improve your JIG and a little bit of Hornpipe PREMIERS ALL AGES ELIZABETH GOLLAN	CHOREOGRAPHY ELEMENTS OF PUTTING A GOOD CHOREOGRAPHY TOGETHER OPEN CLASS SANDRA BALD JONES	PRE-PREMIER ** ALL AGES NATIONALS LILT, FLORA, BARRACKS LADDIE ETC. LESLEY BOWMAN
2:30 - 3:30	PREMIERSHIP DANCES FLORA, EARL OF ERROL, SCOTCH MEASURE PREMIER ALL AGES SANDRA BALD JONES LESLEY BOWMAN ELIZABETH GOLLAN	Q & A You ask it we'll try to answer! OPEN FORUM JUDGES & TEACHERS TBA	CAKEWALK AND SOME OTHER FUN OPEN TBA